# The Lanthanides and Actinides The 7th Harmonic — The Spirit's Toolbox

These two sets of elements exist in the outer two circles of the periodic table. The Lanthanides are elements 57 –70 and are placed between Barium and Lutetium. (This can vary depending on which periodic table used as reference).

The Actinides are in the outer circle and are elements 89 - 102 and placed between Radium and Lawrencium.

The Lanthanides are called the Rare Earths, with only two of their number being radio active, while the Actinides are nearly all radioactive, with the majority only existing as debris of nuclear reactors or bombs.

Within each group, the elements are considered to be very similar, in quality, however there are some differences to be seen in their melting points and significantly in their uses. They have an interesting character of their radii size diminishing as the atomic weight increases, while their valence order presents an picture of two halves.

## The Sixth Ring

On the gyroscopic diagram, there are six primary layers and each can be divided into two parts however, it is the sixth layer, the 12 fold zodiac related layer, that

Galaxy Spirit 12 Layer 6



Solar Sys. Astral 7 Layer 5



has its two layers more definitely defined. When looking at each of the layers as part of a vortex form, the 12 fold layer is at the top, and forms the most outer part of the vortex. For the same amount of vertical distance in the vortex, ( or relative .618 ratios) as the other layers, there is a stretching and bending activity taking place, as the vortex reaches the top and begins to curve around to make a sphere. This allows for the two inner layers to become manifest. This ordering is

mirrored in the planetary rulerships of the zodiac. Each planet—of the primary six planets - rules two signs.

This sixth ring is the ring of spiritual activity, and contains most of the radioactive elements and the Rare Earths. One of their qualities is they have a 'loose' outer ring of electrons, that freely gives and takes electrons, as the environment require. They act as the 'chaotic adjusters' as needed, allowing spirit to work miracles.

## To Lemniscate or Not

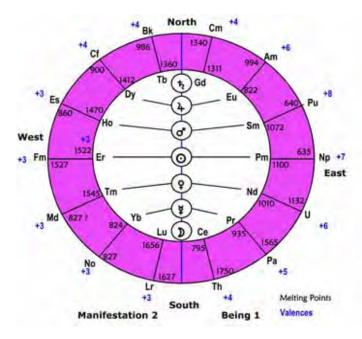
There is the question of whether these elements should be put through a lemniscate loop, before enfolding them back over the gyroscope. This was done for the Transition Elements, (pg 69) because they are elements intimately woven into life processes, which is often accompanied by a lemniscate process. The sequence of hardness and melting points — Ca, Zn > Sc, Ga — fits if a lemniscate twist is made, and so on. With the Lats and Acts, they are NOT elements intimately associated with life processes. If anything they are dangerous to life processes. They also do not show any reversing of melting points and hardness as seen in the Transition elements. So I have concluded my initial decision to lemniscate these elements was wrong, and I have adjusted my diagrams accordingly.

## Where to begin the Group

There is some debate as to where the beginning and end of the series is. Which elements sit in the 3B column of the transition elements under Sc and Y? Is it La and Ac or Lu and Lr? From my various readings I have gone with La and Ac being the 'Transition Elements'. This leaves 14 groups of elements starting with Ce and Th and ending with Lu and Lr.

## The Planets

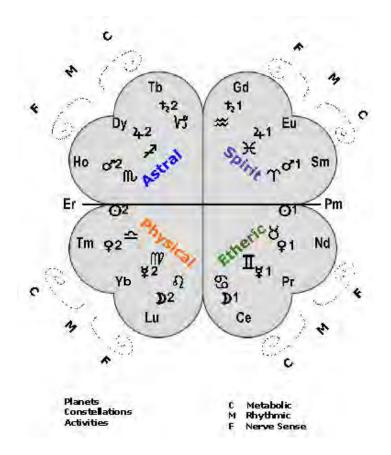
With 14 groups of elements we can find a relationship to the planets. The



planetary pattern we have used throughout these endeavors has three outer planets polarised against three inner planets with the Sun holding the central position.  $14 = 2 \times 7$ , which suggests we can apply this 7 fold pattern to these elements, as a possible reference. In this process, we can identify one side of the circle as being phase 1 'Being' elements, while the last half of the elements would be phase 2 'Manifestation' elements.

To find more indications for the activity of these elements we can 'play the same games' we have done with the other elements. Associations arise when these elements are placed over the energetic activities.

With the planetary associations, it is also possible to identify the elements relationship to the zodiac, and from this we have a hint of how each elements relates to the physical systems, Nerve Sense , Rhythmic or Metabolic. This grouping may save the need for potentising the various elements for the specific physical system. Instead use the one element from the group of three for the physical system you wish to address, with the energetic activity that needs support.



The practical uses of these elements further defines their qualities. The Etheric elements are used as catalysts often in glass making, the Spirit elements are used as neutron accumulators in nuclear reactions, the Astral elements are used in lasers, while the Physical elements are used in optics or not at all.

Homeopathy (Scholten) have done provings for these elements, which indicate they are used for 'spiritual illnesses', feelings of life or death, power issues, both too much and too little, and feelings of disintegration. With this being the Cosmic Spirit ring it also suggests 'spiritual maturity', intuitive capacities and feelings of oneness with creation. My own provings of the Lant. elements suggest they all have a very centering quality, with varying degrees of clarity and willingness to take action, according to their energetic group. I suspect the middle element of each group will prove the most useful.

The problems of these elements radioactivity can be overcome by collecting them from a circle, using the method outlined on page 141. You then have the energetic resonance without the problems of their physical mass. These can be further potentised as you wish.

The available references for this group becomes

- A) The Spiritual Ring
- B) Which 7 fold planet does it resonate with?
- C) Which gyroscopic energetic body arm is it in?
- D) What are the other major and transition elements it is near?
- E) What physical system does it relate to?
- F) The Journeys

#### The Elements Effects

Given these elements manifest on the sixth ring of the periodic table, they are elements of the Cosmic Spirit sphere, of the second vertical plane of the Gyroscope. The primary plane is the Major elements and vibrates on the fourth harmonic. (see The 3D Periodic Table) So while this is a Spirit band, it is not the same resonance, given it is a seventh harmonic resonance, as the Spirit activity found in the Majors plane. Scholten contends these elements are related to working of the internal Spirit, and I agree. Using the 'polarity principle' of inner and outer, if the Majors are the basis of how the elements work in the outer world, these 'other' elements can be related to the Internal Spirits activity, upon life. Experience confirms this.

This suggests these elements help with how the internal Spirit can work with the other energetic activities. This is important for our present age as on the one hand we are evolving through a period where the spirit is bringing us more

consciousness, however we are also being assaulted by many toxic substances, such as Chlorine and Floride that are bringing the World Spirit into us more strongly, and thus pushing out our internal Spirit processes. Many illnesses are based upon this circumstance. This is evident in the multitude of inflammatory and auto immune diseases, whose cause is the Etheric body loosing contact with the guiding plans of the Spirit. The Spirit often needs to be recombined with the other bodies, for most modern humans. Not only is this essential for health, due it having the architectual plans to your existence, but it is also essential if any real conscious freedom is to be achieved . Conscious Freedom occurs when the Spirit is in its right place, having the other bodies doing its bidding. Usually the Spirit is flung off center and becomes 'captured' by the Astrality. It runs its 'madness program' and the Spirit obsesses over it. The Spirit needs to be strengthened, so it stands in its own place, at the centre of the Astral whirlwind. The calm place is in the center and the strengthening of the Spirit will take you there. For health though it does need to 'wind into' all the other bodies. The archetypal journey, will do this for you.

## The Journeys

This journey has two parts and uses the Lanthinides elements as 'experience strengtheners'. You can have the same experience, if you walk the journey around any Earth Circle.

There are two ways these elements can be approached. A significant body of work on the Lanthanides has been done by the Scholten school of homeopathy. His system is based on a sequential unfolding of 'a process' through the elements, ordered as a Flat Plane Spiral. The process has an expansion phase, a culmination followed by a waning phase. This can be consider 'The **Archetypal Journey'**. It starts at the beginning of the series and runs round the atomic weight order.

His interpretations of the elements are framed within a psychological and physical reference. Based firstly upon 'the system' and then 'proven' by clinical results, observed with this reference in mind. The literature on this is readily available on the internet. This is very valid and valuable work, as far as it goes. This 'movement' is part of the classical homeopathic movement, and so is framed within that melieu, and expresses the limitations inherent in that approach. Scholten tells this story from its most dramatic angle. His emphasis is on the extremes of expansion and the inevitable failure in complete desperation, which does manifest in the very sick person. Looking at his story within the Glenopathic context, softens the sharp edges of this very fundamental process of normal growth.

I have done two provings of these elements, one starting at Cerium going anti-

clockwise round to Lu, (as outlined above) which is the Archetypal path. The personal 'proving' of this journey is probably best to do, before 'the Manifestation journey'. The aim of the Archetypal journey is to enhance the natural process of the Internal Spirit integrating into the other bodies. This is a softer and more natural process, to start with than what is experienced doing the Manifest journey. By beginning at the Moon 1 position, the 'child' phase, and its first three elements are through the 'soft' Etheric. The Spirit merges more strongly with the Internal Etheric, and this cushions your journey through the Internal Spirit zone, where it reaches its culmination, before being challenged and moulded by the world in its journey through the Astrality. All this maturity is then solidified as it moves through the Internal Physical.

The Spirit is a strong and hostile 'physical' force. In the 'Manifest journey', we start with the Spirit influence, moving through the Spirit zone. This hardening influence at the start of a persons 'Glenopathic journeying', could be challenging and counter productive, by hardening existing 'etheric errors'. The Etheric is were the 'patternings' of the growth forces reside, and they often need strengthening. When these are 'sick' the physical organism can not be sustained. So align the bodies, starting with the Etheric first, while using a natural cycle, which mirrors the manifesting processes found within a Moon cycle, will provide an easier start, to an amazing experience.

The **Manifest Journey** starts at Gd and goes clockwise around to Tb. This journey can be done through a whole moon cycle, beginning at new moon. The aim of this process is to move through the 'creation cycle' of the chemical elements, within a moon cycle. Astrology knows the power of the moon cycle, as a physical reality in the process of manifestation, at all natural levels. Dr Steiner (and elaborated by Dr Lievegoed) outlined the big picture of how manifestation occurs as a result of a Star force, moving through our Solar system spheres, followed by a journey through the Atmosphere, before we receive it here on Earth. Something is born at Moon 2, lives its life, as an expression of the Sun and 6 planets, and dies, at the Saturn 2 position. This truly is a Spirit journey. Each element is taken up to twice daily for two days each. Beginning at the New Moon. You can have a project in mind, or just go on the journey as it unfolds.

# The Gyroscope

Another approach is to see the Lant. elements within the context of the gyroscopic organisation, and the energetic activities outlined within it. This goes some way to providing the behind the scenes activity, for what we find described by Scholten. When we see how the two perspectives relate to each other, we have the energetic body pattern of their psychological expressions.

## The Etheric Group — Gathering the Life Forces

Cerium Ce

Chemical Data: Atomic No - 58 Atomic weight 140.1

Ring: 6 — Cosmic Spirit Planet: Moon 1 / Cancer

(a) Through reproduction on a small scale (cell division) and on a large scale (reproduction), creates a small and large chaos, into which the Saturn forces can impress their seal, and where in every cell the Spiritual archetype can be received anew.

Energetic Arm: World Physical

Physical Mode: Cardinal, Metabolic system

Similar elements: Ti, Hg

**The Archetypal Journey: Stage 1** (a) Feeling of not being in contact with the world and doing things without trial and error, but practicing with their mind.

(b) Temporary plans develop, but usually change before any significant efforts have begun

The Manifest Journey: Stage 7

The 'baby phase' is apparent, which shows the archetypal journey phase , however in this process this is the last minute touches needed before the show begins. Birth / product launch is just around the corner. Everything that can be done has been done and there is a faith that all will be well. The 'soft delicate vibe' found here encompasses everything that becomes 'stage fright'., waiting for the show to begin.

# Praseodymium Pr

Chemical Data: Atomic No - 59, Atomic weight 140.9,

Ring: 6 - Cosmic Spirit
Planet: Mercury 1 / Gemini

(a) Brings the semi fluid world of life into streaming movement, adapting itself to the chance conditions on Earth, changing the rigid Jupiter forms into forms adapted to what is possible.

Energetic Arm: Internal Etheric

Physical Mode: Mutable, Rhythmic system

Similar elements: Ba

**The Archetypal Journey: Stage 2 (a)** Hesitant, not daring to do what they feel their own path. Keep looking from which side problems can arise.

The Manifest Journey: Stage 6

The Internal Etheric rises, and with it comes a reduction in 'thinking strength' but a increase in 'intuitive strength'. A soft feeling into things, that is putting

resources into action , as a prototype of the real thing is being tested. 'Naive mistakes' are being looked for. Launch date / birth is not far away.

The Etheric can bring a sense of well being and health, or a degree of tiredness, initially. The driving Spirit and Astrality are pushed off. This is good. Sleep if you need to, you are recuperating.

Inflammatory illnesses arise when the Spirit no longer properly directs the Etheric. This remedy is a cornerstone remedy for many of these 'illnesses of our time'.

## Neodymium Nd

Chemical Data: Atomic No - 60, Atomic weight 144.2

Ring: 6 - Cosmic Spirit
Planet: Venus 1 / Taurus

(a) Opens the Etheric Formative Forces into a cup or chalice and nourishes what

Mars thrusts into space.

**Energetic Arm:** Internal Etheric / World Etheric **Physical Mode:** Fixed / Nerve Sense system

Similar elements: Au

The Archetypal Journey: Stage 3 (a) They have to prove they can do it, by conquering their fear.

(b) Anxiety with new challenges; a sense of sink or swim, that one is forced by circumstances to act even though ones preparation feels incomplete.

#### The Manifest Journey: Stage 5

The conviviality element— This has a softness it gets from the Etheric activity, but a movement it gains from being Cardinal. After the hardness of the Spirit elements and the indecision of Pm , this is a very pleasant cushioning, that allows one to relax into artistic and social situations.

The goal is clarified, the odds have been weighed, and now you look for the resources, and the support of friends and associates to move your project along. There is a gentle opening of soul that allows you to 'go out' and be open to the support you need, and to meet it with friendliness.

# Sun 1—All things Considered

## Promethium Pm

Chemical Data: Atomic No - 62, Atomic weight 145,

Ring: 6 - Cosmic Spirit

Planet: Sun 1

Energetic Arm: World Etheric

Physical Mode: All Similar elements: Pt, Cs The Archetypal Journey: Stage 4 Learning, training, wanting assurance they are doing OK

### The Manifest Journey: Stage 4

Scholten felt this remedy had no useful applications. It has an unusual characteristic of physically manifesting only briefly as a result of a nuclear reaction.

As the Sun 1 element we can sense a synthesising quality that leads to an assessment of what has occurred so far. Being part of the coming into being process, there is an unconsciousness that requires some faith still. There is a sense of purpose, but with a naivety and a slight egotism. I am not able, or allowed to fully comprehend what is really at stake.

I was invigorated, however slightly agitated, due to dealing with things from several different directions. There is an attempt to find the common theme and integrate all the parts, but nothing fully condenses. Feeling like I am sitting in the middle of something, and being softly buffered from all sides. I need to continue on with some faith.

## The Spirit Group — Defining the Focus

#### Samarium Sm

Chemical Data: Atomic No - 62, Atomic weight 150.3

Ring: 6 - Cosmic Spirit

Planet: Mars 1

(a) What has thus been created is placed forcefully into the world of space and now becomes visible in growth.

**Energetic Arm:** World Etheric , Internal Spirit **Physical Mode**: Cardinal, Metabolic system

Similar elements: Ir

**The Archetypal Journey: Stage 5 (a)** Feeling the pressure of the task, perseverance and endurance needed for the large task ahead.

Becoming aware of the task ahead and working with persistence towards its manifestation.

### The Manifest Journey: Stage 3

A calm centredness that is functional without the 'hardness' of Gd. Getting on with the jobs that need doing. Prepared to put in whatever hours are needed. The Spirit in the metabolic function also shows as a slight constipation.

Periodic 'hot flushes'.

**Uses:** If you are having trouble getting going on a project. Worked well for menopausal hot flushes, where the metabolism benefits from some direction from the Spirit, with Mars' impulsive bursts.

## Europium Eu

Chemical Data: Atomic No - 63, Atomic weight 151.9,

Ring: 6 - Cosmic Spirit
Planet: Jupiter 1

**(a)** Jupiter forces round off, and in plastic beauty play around these severe Spirit forms, creating according to sublime and grand patterns.

**(b)** This phase takes the initial impulse from Saturn 1 and adapts it to the needs of the time and the environment in which it is to manifest

**Energetic Arm:** Internal Spirit

Physical Mode: Mutable, Rhythmic system

Similar elements: Rn

The Archetypal Journey: Stage 6 (a) The confidence of things being achieved, and almost there.

**(b)** No longer needing to test one's strength; what one lacks in capacity is compensated for in terms of sheer perseverance. A sense of 'crawling through the desert' to reach ones goal

## The Manifest Journey: Stage 2

The Mutable elements of all the groups, appear to have a calm centered clarity, that suggests a synthesis of the elements on either side of them, occurs here. I suspect these will be the most useful remedies of each group.

This element generally brings in the Spirit to confidently focus on what needs doing. The internal Spirit is associated with the noble gases, and their self contained quality makes this the arm of the autism spectrum. The self contained quality of these three elements should be seen within this context. They are not withdrawn , but I noticed a reduced tolerance of superficiality and worldliness, during these days.

**Uses:** This is a very useful remedy, and works well to dampen down overly active astrality, that manifests as emotional and physical agitation, shaky movements, stilled speech, and general psychological disturbances. The Spirit gently pushes the Astral back into place.

#### Gadolinium Gd

Chemical Data: Atomic No - 64, Atomic weight 157.3,

Ring: 6 - Cosmic Spirit

Planet: Saturn 1 - Aquarius

(a) From the cosmic distances the Spirit works inwards and contracts, leading to the impress as of a seal into the Physical, a process reaching as far as crystallisation.

(b) This is where the 'star' impulse and intention for incarnation enters the

astral sphere. The goal is clarified but the details of action are still to be finalised.

Energetic Arm: World Spirit

Physical Mode: Fixed / Nerve Sense system

Similar elements: Os

**The Archetypal Journey: Stage 7**At the summit, success, everything is OK

The Manifest Journey: Stage 1

The strong Spirit dominance of this element brings a clarity and centeredness, while the Fixed influence makes for a strong mental and rational tendency, that allows for a sense of objectivity. However the Saturn 1 influence is still unclear as to the details of the task ahead. This is a clarifying stage where the goals are defined, and strategic plans are begun.

**Uses:** Where the thinking needs to be clarified. Could be useful against headaches.

## The Astral Group — Adjusting to the World Reactions

#### Terbium Tb

Chemical Data: Atomic No - 65, Atomic weight 158.9,

Ring: 6 - Cosmic Spirit

Planet: Saturn 2 — Capricorn Energetic Arm: World Spirit Similar elements: Re

Physical Mode: Cardinal / Metabolic system

The Archetypal Journey: Stage 8 (a) Maintaining the success, but aware of

the possibility of loosing it.

 $\textbf{(b)} \ \ \text{Full confidence in ones inner capacities and talents (but nevertheless}$ 

thwarted in their full outer expression)

# The Manifest Journey: Stage 14

The complete person. The job is done, success has been achieved ,and there is nothing more to be do. A bit wandering around with nothing to do. Feeling mature, centered, standing tall.

And now the responsibility for what to do with the achievement. What next?

# Dysprosium Dy

Chemical Data: Atomic No - 66, Atomic weight 162.5,

Ring: 6 - Cosmic Spirit

**Planet:** Jupiter 2 (a) has been described as chemist, serving mans movement in the muscles. This chemistry while serving movement is a destructive process,

that leads to the aroma of flowers. Sugar becomes glucosides, carbohydrates become ethereal oils and proteins alkaloids.

**(b)** Late 40s sense of optimism about ones skills, achievements and place in the world.

**Energetic Arm:** Internal Astral

Physical Mode: Mutable, Rhythmic system

Similar elements: Po

**The Archetypal Journey: Stage 9 (a)** Need to fight to maintain position, overdoing things, boasting and inflating, fighting for the cause

**(b)** Anxiety with respect to one's slipping capacity to keep manifesting ones gifts. What one previously accomplished in a mundane capacity takes much more effort.

#### The Manifest Journey: Stage 13

Initially somewhat shaky and unfocused — the mutable. This becomes a satisfied enjoyment of life. Life is good. Creative ideas , enjoyment of sport and clarity of thought are all present. Confidence that motivates growth, and expects success.

#### Holmium Ho

Chemical Data: Atomic No - 67, Atomic weight 164.9,

Ring: 6 - Cosmic Spirit

**Planet:** Mars 2 / Scorpio (a) has been described as a damming up sound process, manifesting in the ordering of substance of albumen. This is a depositing of substance, such as starch and sugars, saved for later processes.

(b) Feeling like a mature Mars, assertive, confident but with considered actions.

Energetic Arm: World Astral, Internal Astral

A good intuitive sense.

Physical Mode: Fixed / Nerve Sense system

Similar elements: W

The Archetypal Journey: Stage 10 (a) fight and withdraw, obsolete, retiring confident they know better

(b) A definite sense of compromise, with repeated efforts to return to past performance capacity; a temporary return is followed by slipping back to the state of compromise.

#### The Manifest Journey: Stage 12

Getting on and doing things with a positive enthusiasm. Attending to necessary details, and routine jobs that make things work. Expanding, with a willingness to take some risks, for the benefit of long term goals. Clear headed, with increased ESP. Things are in order at the end of the day.

## Sun 2 - Accepting Life's Reflections

#### Erbium Er

Chemical Data: Atomic No - 68, Atomic weight 167.2

Ring: 6 - Cosmic Spirit

Planet: Sun 2

Energetic Arm: World Astral Similar elements: Ta, Bi Physical Mode: All

The Archetypal Journey: Stage 11 (a) Powerless, the fight is over, weak

drained empty, indifferent masked resignation

(b) A feeling of emptiness, going through the motions, a hopelessness that one will ever return to a state in which expression of one gifts might b possible.

#### The Manifest Journey: Stage 11

Like its brother Pm, this element is difficult to clearly define. There is a centredness that one can sit in, however around it are considerations of what has gone on and how it can proceed. This can be seen as the 42 year old crisis—mid life— where a crisis of meaning forces us to question, why we are doing this and do we wish to continue. There is a maturity here, but I felt impatient with the worldly affairs of the media.

The horizontal plane, ( Er and Pm ) has a different quality to the other elements. They are not 'active' in any direction, as the others. They feel like they are in the middle of things, receptive, considering and adjusting. Matter settles into form on horizontal planes, and these elements provide the experience of how this occurs.

Look, consider, question and adjust.

# The Physical Group — Manifesting Form in the World

#### Thulium Tm

Chemical Data: Atomic No - 69, Atomic weight 168.9,

Ring: 6 - Cosmic Spirit

**Planet:** Venus 2 **(a)** Excretion. This process takes hold of all that comes into existence as a hardening substances, due to a congestion of life processes, So all that falls out of life, and excretes it. The action of the kidneys or cellulose formation in trees.

Energetic Arm: World Astral , Internal Physical

Similar elements: Hf

Physical Mode: Cardinal, Metabolic system

The Archetypal Journey: Stage 12 (a) Darkest black hole remedy,

destruction, death, its over

(b) Sentimental about one's past; clinging to memories of a time when circumstances might have allowed for one's greater influence.

## The Manifest Journey: Stage 10

A calm practicality sees you getting on with the realities of the job /task. Feeling confident with the process / product and looking for ways, and associations to expand with. This Venus is much 'harder' than Venus 1. The world has bought some reality, and 'battle hardness'. The Venus 2 process of excretion, suggests that once one can be responsible for cleaning up the dross, to stem decay, a stage of sustainability has been reached.

#### Ytterbium Yb

Chemical Data: Atomic No - 70, Atomic weight 173.0,

Ring: 6 - Cosmic Spirit

**Planet:** Mercury 2 / Virgo **(a)** Unfolding its formative forces through flowing movement. Thus space is created which is dead and falling out of life. In this way form can be created which serves as supporting organs. eg wood formation out of the living cambium

Energetic Arm: Internal Physical

Physical Mode: Mutable, Rhythmic system

Similar elements: Pb

The Archetypal Journey: Stage 13 (a) Decay, over , rags, philosophy,

inventor

(b) The dream of potential influence exists only in theory—'if things had been different, those gifts could have changed the world'

## The Manifest Journey: Stage 9

The Virgo qualities of sifting through the details for what is important to get on with first. A desire to run errands and do what needs to be done, to move things along. A calm practicality, with a sense of gaining momentum.

#### Lutetium Lu

Chemical Data: Atomic No - 71, Atomic weight 175.0,

Ring: 6 - Cosmic Spirit

**Planet:** Moon 2 / Leo **(a)** the sequence of generations continues through time. In a process of reflection the past becomes an image in consciousness. There is a congestion of the life forces so a rhythmic division of cells, leaves and flowers occurs in the growing plant.

**Energetic Arm:** World Physical

**Physical Mode:** Fixed / Nerve Sense system

#### Similar elements: La

The Archetypal Journey: Stage 14 (a) Play, humor, finished, over, abandoned, exile.

(b) All hope for potential influence has died, but nevertheless residual 'last stand resistance' to accepting the present reality remains.

### The Manifest Journey: Stage 8

In keeping with the Moon theme, this is a very gentle remedy. The actual game has begun but still baby steps. This is the first few weeks of a baby's life, when it feels like a little grub coming to terms with its newly freed body. There is an observation of the real field of play, and lists being made of what needs doing, but little Will to take the first steps. There is no rush. Thinking was clear but focused on what is right in front of you. No sense of defeat or loss, just a cautious movement forward.

Many thanks to Martin Grafton for sharing his valence and Scholten research on these elements.

#### Other contributions:

Planet: Moon 2 / Leo

(a) Dr Lievgoed (b) Atkinson

The Archetypal Journey: (a) Rochelle Marsden—Homeopathy World

Community (b) David A Johnson (Hpathy.com)

The Manifest Journey: Atkinson